
Awards

The next activity is designed for the caregiver and client to work together to determine positive behaviors to increase and incentives for the client to change current behaviors. For the caregiver, make sure that you have written a positive, healthy, and pro-social behavior in each box that you would like the child to work on. Double check that the award listed appropriately fits the behavior. The awards might entitle older children to a special privilege or younger children to a sticker. Another option is to design/decorate the awards like a badge and make copies to hand out. The child can try to collect as many of these “award badges” as possible. You might consider making these “award badges” worth a certain amount of points to be cashed in for something tangible at the end of the day or week.

Be ready to catch the child engaging in these positive behaviors so that you can hand out these awards immediately. When handing out these awards, use sincere praise and physical affection (e.g., hug, pat on the back, high five). Note how the child reacts to this showering of praise and positive attention. These award moments will serve as a motivator for the child to continue these positive behaviors. Have the child see how many awards they can earn in a day, week, or month. Consider changing the target behaviors and award system with progress and improvement.

Awards

First Behavior



Second Behavior



Third Behavior

