

# Emotional Connection Game

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1. Cut out the emotion cards below and place them in a bowl.
2. Pick one emotion card.
3. Act out the emotion.
4. Complete the following sentence using the emotion word on the card you picked.

I feel \_\_\_\_\_ when...

Cheerful	Confused	Embarrassed
Proud	Depressed	Nervous
Jealous	Lonely	Disappointed
Overwhelmed	Guilty	Shy