

Examining Expectations

Compare expectations that you have for others with what is expected of you. Note differences among family, friends, and teachers.

What behaviors do you expect from others?

Parents/Caregivers	Teachers	Friends
<i>(e.g., listen, care for me)</i>	<i>(e.g., instruct me, be patient)</i>	<i>(e.g., include me, play my favorite game)</i>

What behaviors do others expect from you?

Parents/Caregivers	Teachers	Friends
<i>(e.g., follow rules, do chores)</i>	<i>(e.g., follow rules, do chores)</i>	<i>(e.g., play games, talk)</i>