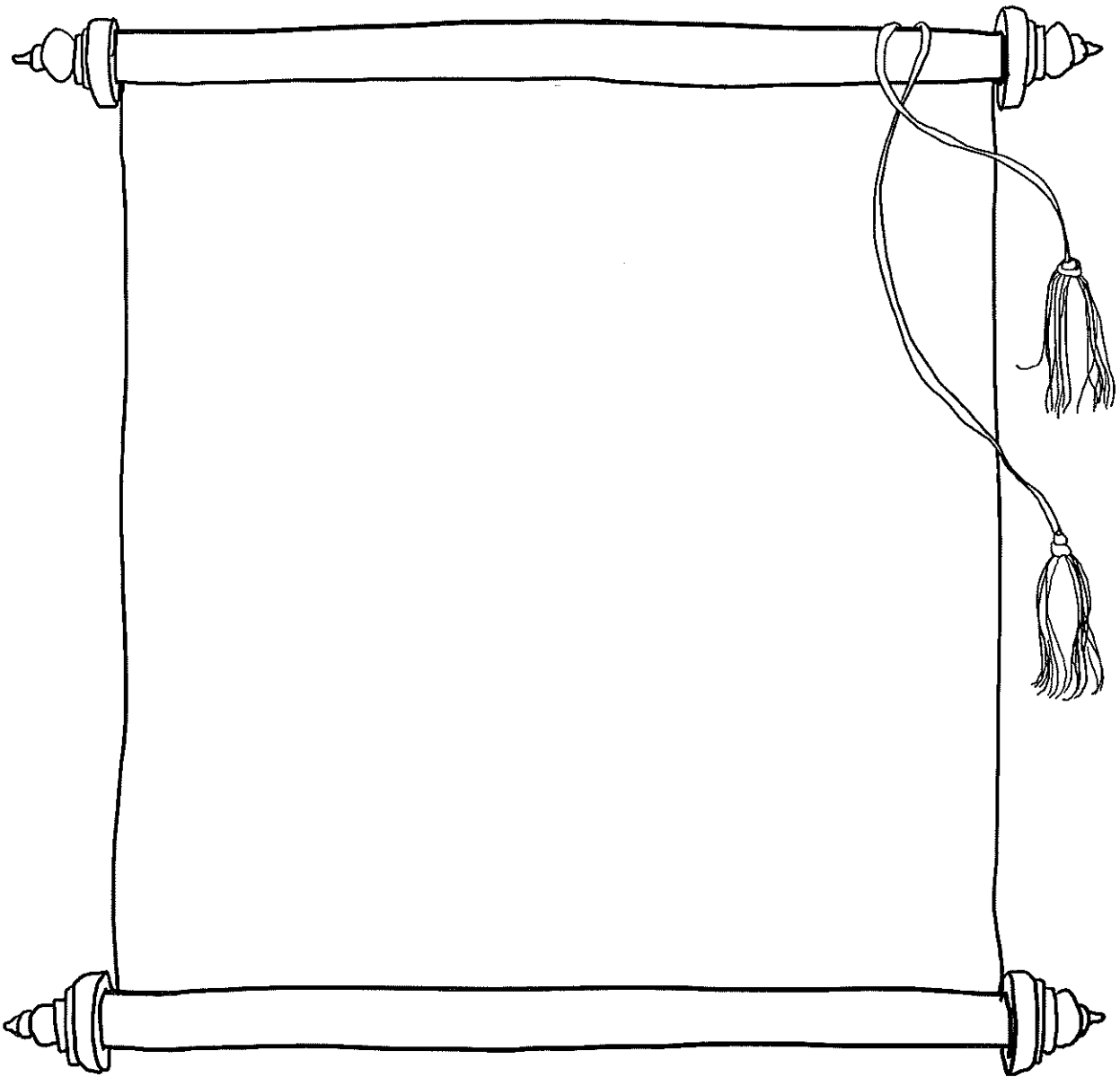


Communication Rules

Make copies of the scroll below for both caregiver and child to complete.

Make a list of rules for the other person to keep in mind when communicating or settling disputes. Think of behaviors or phrases that the other person can utilize to help you feel respected and validated. Be specific. Share your list once completed.



Therapist Note: When discussing the list, point out similarities and differences among the rules. How realistic are the requests? If something is not realistic, help client revise to make it more appropriate.