
Allow Me to Introduce Myself

Establishing new relationships can be difficult especially for individuals with social deficits. The fear of the unknown or simple misunderstanding of social cues can make talking with someone new very overwhelming. This activity was designed to help build social confidence in new social settings by using a social script.

Social scripts provide a way for children to advocate for themselves and help start a conversation. Have the client try to complete the script in session and practice delivering the script to you or the caregiver. Identify who and where the client might use a script like this. Additional activities could include modifying the script to address needs in different settings (e.g., school, after school activities, friends, etc.).

Allow Me to Introduce Myself

My name is _____.

I am _____ years old. I am unique and intelligent.

I think differently than others at times, so please be patient.

I prefer to communicate by _____.

I am very good at _____.

My favorite thing(s) to do is/are _____.

I am interested in learning about _____.

It is difficult for me to _____.

At times, I get distracted by _____.

When I get upset, I tend to _____.

I learn best when _____.

_____.

I would like help with _____.

I look forward to being part of _____.

Thank you for listening.