

# How Can I Help?

**Read** the following scenarios aloud. **Brainstorm** how you can help in each situation. **Review** your ideas and **act out** the scene with a partner using the solution you chose.

## Set the Scene

1. Your father is making dinner, and you are sitting at the kitchen table.  
Dad says, "I need to get the table set and tell the family that dinner is ready."

**What can you say and do that will help in this situation?**

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## 2. ACT IT OUT Reflection

Did my words and actions help my father? **YES NO**

If the answer was **yes**, explain how you were helpful. \_\_\_\_\_

If the answer was **no**, what should have you said or done? \_\_\_\_\_

## Set the Scene

1. During free time, you notice that your teacher is cleaning up the classroom.  
Your teacher says, "There is so much to do!"

**What can you say and do that will help in this situation?**

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## 2. ACT IT OUT Reflection

Did my words and actions help my teacher? **YES NO**

If the answer was **yes**, explain how you were helpful. \_\_\_\_\_

If the answer was **no**, what should have you said or done? \_\_\_\_\_

## Set the Scene

1. You are getting home from the grocery store with your mother.  
Mom says, "There are a lot of bags to carry inside."

**What can you say and do that will help in this situation?**

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## 2. ACT IT OUT Reflection

Did my words and actions help my mother? **YES NO**

If the answer was **yes**, explain how you were helpful. \_\_\_\_\_

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If the answer was **no**, what should have you said or done? \_\_\_\_\_

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