

Self-Improvement Plan

In order to accomplish your goals and stay accountable, create a self-improvement plan. In the boxes below, identify your current skills, what you would like to be able to do, and set a goal to accomplish. Identify what steps need to be done and give a reasonable date to complete your goal. Place this sheet in an area in which you will see it daily to help you stay on course.

What can I do?

What do I want to be able to do?

My goal is to . . .

I will follow these steps to reach my goal:

I will accomplish my goal by _____